

Women's Breakfast

With

Diane Regan



Saturday 27th April 2024

8.30am

Christ Church, London Road, Braintree

Diane co-founded the charity Kintsugi Hope with her husband, Patrick Regan OBE, in 2017 with a vision for "A World where mental and emotional wellbeing is understood and accepted with safe and supported communities for everyone to grow and flourish". Kintsugi Hope now has over 1,500 trained facilitators running wellbeing groups across the UK. Spurred on by stories of people finding hope, Diane is passionate to help people realise and fulfil their full potential.

Diane has worked in both the corporate and charitable sectors seeking to strengthen the two worlds by bringing them together.

Diane is the first to admit she makes mistakes every day but is grateful that this doesn't mean she's a failure, it makes her human. If she had one sentence she was allowed to communicate, it would be "we're called to love, not to fix".



Tickets £10 (includes continental style breakfast)

From Christ Church Office tel: 01376 326628

email: tickets@christchurchbraintree.org.uk