

Spirituality in the Reformed tradition covers a wide range: it includes people who are enriched by deep explorations of scripture, or sitting in silence, encountering God in the world, or exploring things in quiet days and retreats.

URC Spirituality tries to bring together some of these strands as a way of encouraging people to broaden and deepen their spirituality. There are ways of interacting with others, taking part in events that we arrange – mostly on-line but we are hoping to book in-person events later this year – and sharing something of the spirituality that takes place in private and in public.

If you are looking for something different; something that involves going back to scripture and sometimes re-imagining it in a prayerful and spiritual way using different media either through music or the lyrics of hymns – then perhaps we can explore together and find that time to listen for God.





If you are interested, please email the committee secretary – <u>ann.barton@hotmail.com</u> to indicate your interest in attending something online, in-person or whether you might be willing to join the core group to help us plan for the future.